

Yasmin Sherif Abdel Wahab

Personal Trainer



Name: Yasmin Sherif Abdel Wahab
Date of Birth: 12 / 01 / 2006
Gender: Female
Nationality: Egyptian
City: El Mansoura
Address: El Semad – Talkha – Mansoura
Marital Status: Single
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Professional Experience

- **Personal Trainer – MAXPRO Gym**

Provided personalized fitness programs, monitored client progress, and guided strength & conditioning training.

- **Personal Trainer – ROUND Gym (Current)**

Delivering one-to-one training sessions, creating customized workout plans, and assisting members in achieving their fitness goals.

Education

Bachelor's Degree in Physical Education – Mansoura University

Languages

Language	Level
Arabic	Mother Tongue
English	Good

Courses

- TASS Training Course – Attendance

Hobbies

- Boxing
- Swimming
- Powerlifting