

Mohamed Khaled Senousy

Physical Education Teacher | Professional Field Hockey Player
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Professional Summary

Motivated Physical Education Teacher and professional field hockey player with national and international competitive experience. Passionate about promoting fitness, teamwork, and healthy lifestyles among students. Skilled in lesson planning, sports coaching, and creating engaging physical education programs that develop students' physical, social, and leadership skills.

Education

Bachelor's Degree in Physical Education – Helwan University
Specialization: Team Sports Coaching
Grade: Good | Graduation Year: 2023

Professional Experience

Physical Education Teacher – Al Shams Private School, Cairo
2025 – Present

- Deliver structured PE lessons that improve students' physical fitness and motor skills.
- Organize school sports activities, competitions, and teamwork-based games.
- Encourage healthy habits and active lifestyles among students.

Physical Rehabilitation & Fitness Supervisor – Physical Care Center
2025 – 2026

- Assisted in designing physical conditioning and rehabilitation exercises.
- Supervised fitness and mobility programs for clients.

Sports Career

Professional Field Hockey Player
Police Sports Club | 2018 – Present

Arab Organization for Industrialization Club | 2005 – 2018

- Represented Egypt in the Junior Hockey World Cup – India 2021.

Certifications & Courses

Youth Strength Training Course – INSEP Pro Sports Development Center

First Aid Certification – Egyptian Syndicate of Ambulance & Emergency Services

Key Skills

- Classroom and group management
- Lesson planning and activity design
- Student motivation and engagement
- First aid and injury prevention
- Leadership and teamwork
- Problem solving and discipline

Languages

Arabic – Native

English – Good